

**comfort
connection**
Family Resource Center

CCFRC invites you to a presentation:



Screen Time & Development: Understanding the Short - and Long - Term Effects

Presentation by

Rebecca Sirbu, MA, BCBA

Behavior Services Specialist Regional Center of Orange County

Screens are more prevalent than ever, and children are exposed at younger ages than ever before. This presentation will look at how screen time has changed over time, what effects it has on short and long-term development in children, effects of different content on children's brains, the use of educational videos and apps, and how parents can effectively utilize screen time with young children to aid in development and reduce negative effects.

Wednesday, April 30th, 2025
6:30 - 8:30 p.m.

This will be a virtual workshop. Please register in order to receive the log-on information. Click [HERE](#) to register or scan the QR code below.



Should you have questions, please contact Sandy Marquez-Gonzalez at 714-558-5404 or email smarquezgonzalez@rcocdd.com.